

Letter to the Editor

First Alarm for 2025

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US Surgeon General issued a new advisory warning Americans (only?) that alcohol consumption can increase cancer risk, and called for health warning label on alcohol beverages.

Alcohol is a well-established, preventable cause of cancer responsible for cases of cancer and cancer deaths – yet the majority of people are unaware of this risk.

Alcohol is the third-leading preventable cause of cancer after tobacco and obesity. The link between alcohol consumption and cancer risk is for at least seven types of cancer: breast, rectum, esophagus, liver, mouth, throat and larynx. The risk remains regardless of type of alcohol is assumed, and increases with greater consumption.